

PREPARACIÓN INTESTINAL EN DOMICILIO PARA COLONOSCOPIA (con Moviprep®)

You are taking Moviprep® to clean the bowel (without residue or stool) before undergoing any diagnostic procedure which requires a clean bowel, for example, a colonoscopy (a scan which allows the inside of the intestine to be observed directly through a flexible tube (endoscope) inserted into the anus.)

Moviprep is a lemon-flavored laxative containing 4 sachets, two large ones ("sachet A") and two small ones ("sachet B"). You will need all the sachets to complete the treatment.



DURATION:

40 min.



FEEDING:

Diet low in waste
Liquid diet



MEDICATION:

Moviprep®

INDICATIONS FOR YOUR MEDICATION

- If you are taking the following medication:
 - Oral antiplatelet (Iscover®, Plavix®, Tiklid®, Ticlodone)**
 - Acetylsalicylic acid (Aspirin®)**You should contact barnaclinic+ to evaluate the suspension or modification of your treatment.
- In the case that you are taking **oral anticoagulants (Sintrom®, Aldocumar®, Tedicumar®)**, you should contact the doctor who prescribed them in order to review the guidelines and evaluate its replacement with heparin or any other suitable medication.
- If you are being treated with **oral iron**, you must discontinue its use 7 days before the scan.
- Any other medication** can be taken regularly before or after the scan with some water.
- Diabetic patients:** If you are taking any medications to control sugar levels (Oral antidiabetic): You must NOT take this medication from the moment you start the preparation and should resume it after the procedure is completed. If you need insulin, you must NOT take the morning dose on the day of the test. The dose of the previous night should be adjusted to your diet.

48H BEFORE THE SCAN

You must follow a diet low in waste

YOU CAN EAT

PROTEINS AND CARBOHYDRATES:

Meat, chicken and fish, boiled or grilled
Eggs
White rice
Filtered broth
Italian pasta
Cookies and toast without fiber
White bread and toast (not whole)
Filtered juices (no pulp or dissolved fiber)
Coffee, tea, and non-carbonated beverage
low-fat dairy products
Low fat cheeses

CAN NOT EAT

FIBER AND FAT:

Fruits, vegetables, legumes and salads
whole-meal products and cereals
Food cooked with sauces
Stews
Cold meats (chorizo, salami etc)
Cakes and pastries
Chocolate
Whole milk
carbonated beverages
Juices with pulp
Yogurts with fruit or cereals

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THE DAY BEFORE THE SCAN

You should consume a liquid diet

YOU CAN TAKE: (Soup, Fruit juice without pulp, tea, light-colored beverages). You must NOT consume any solid food

About 4 pm:

Mix the sachet A and sachet B in a liter of water and stir until the contents are dissolved completely. A glass of the solution must be taken every 15-20 minutes. Once you have taken the entire solution, you can continue to drink other liquids (water, infusions, broth, soda without gas.)

About 8:00 p.m.:

Mix the remaining sachet A and sachet B in a liter of water and stir until the contents are dissolved completely. A glass of the solution must be taken every 15-20 minutes. Once you have taking the entire solution the preparation will be completed in one hour. Bear in mind that 2 hours before the test you should stop drinking liquids.