



barnaclinic+
GRUP HOSPITAL CLÍNIC

b+

OUR PATIENTS
OUR MOTIVATION

PATIENT GUIDE

www.barnaclinic.com/en

Recommendations during the days prior to admission



If you are being treated with medication:

- Tell your doctor if you are being treated with:
 - Antiplatelet drugs: Clopidogrel, acetylsalicylic acid, etc.
 - Oral anticoagulants: Sintrom[®], Pradaxa[®], Xarelto[®], Eliquis[®]
- You have the list of medication that you are taking and you give it to the nursing staff on the day of admission.



Respect the hours of fasting according to medical indication.



On the day of your admission, provide the results of your recent pre-operative tests: analytical, electrocardiogram, chest X-ray, etc.



If you are accompanied: 1 person will be able to sleep with you in your room in a bed perfectly equipped for him/her to rest, with no additional cost.

The Patient Management Department will advise you about accommodation/restaurants close to our centre and means of transport that you may require.





Services in the room



HVAC

Hot and cold



TV

Access to international channels and a wide range of films



WIRELESS TELEPHONE

With added cost



WIFI CONNECTION

Without added cost



TOILET BAG

Gel, body milk, brush and toothpaste, comb, shower cap



TOWELS

For patient and companion



BED CLOTHING

Gown and closed toe, non-slip slippers

Personalised services



Hairdresser



Manicurist



Dry cleaners



Accompaniment during hospitalisation



Physiotherapy



Orthopaedics

How to get here

Villarroel 170 stairway 4, floor 7

barnaclínic+ is located in the heart of the Eixample district of Barcelona. Barcelona central area, with all types of services nearby: restaurants, shops, hotels, etc.



Metro: "Hospital Clínic" Metro L5 (blue line)



Taxi: Stop at the entrance door



Barcelona airport: By train from El Prat de Llobregat to the stop "Sants Estació", and then L5 metro to "Hospital Clínic"



Contact telephone numbers

- Nursing: +34.93.227.26.54
- Patient Management Department: +34.93.227.99.97

You can see how to arrive on our website: www.barnaclinic.com/en



Upon arrival at our unit

You will have at your disposal the team of barnaclinic+ professionals, trained by specialist doctors in Internal Medicine and nursing, of recognised prestige with vast professional experience.

You will be received by the patient manager, who will carry out your administrative admission in our unit, and he/she will inform you of any consultation that needs to be carried out.

A professional member of the nursing team will accompany you to your room and will help you settle in. You will also be visited by the team of medical professionals and you will be able to ask any questions that you may have regarding the health process for which you have been admitted.

If you have been admitted for planned surgery, this will always be performed from 3 p.m. onwards, so it is recommended that on the admission day you come:

- *Without nail varnish*
- *Without make-up*
- *Without jewellery or piercings*



Approximate meal times:

- Breakfast: 09:00h
- Lunch: 13:30h
- Snack: 17:30h
- Dinner: 20:30h



The day you receive the notification of your medical discharge

You will receive:



The medical discharge report and prescriptions for therapeutic treatment.



The nursing discharge report.



The appointment slip for your follow-up visit.



The test results provided at the time of admission.



Before leaving our unit, we would appreciate it if you could answer our barnaclínic+ satisfaction survey, which allows us to understand your opinion regarding your stay at our site, with the possibility of making the inputs you deem appropriate, thus allowing us to maintain a process of continuous improvement.

