

## BARIUM ENEMA

A barium enema is an X-ray exam of the large intestine camera.gif (colon and rectum). It may also be called a lower gastrointestinal (GI) exam. The test is used to help find diseases and other problems that affect the large intestine. The colon is filled with a contrast material that contains barium so that the intestine can be seen on an X-ray. This is done by pouring the contrast material through a tube inserted into the anus. The barium blocks X-rays. This causes the barium-filled colon to show up clearly on the X-ray picture.



DURATION:

30 min.



FEEDING:

Liquid diet and  
7 hours fasting



MEDICATION:

BISACODIL®  
BOHM® sachets

### THE DAY BEFORE

**16:00h:** 3 BISACODIL (DULCO-LAXO) TABLETS (total: 15 mg).

**18:00h:** Dinner in the form of a liquid diet.

**19:00h:** Take one BOHM evacuation solution sachet every 20 minutes until the deposits are liquid and free of residues (approximately 6 to 8 sachets).

**\* TO PREPARE THE BOHM EVACUATION SOLUTION:**

Put the contents of a sachet into the measuring cup provided, add water to the right level (250 ml) and stir with a teaspoon until the powder dissolves.

### THE SAME DAY

- The patient must FAST at least SEVEN HOURS before the examination. In case intolerance to this solution, the preparation will be done with two enemas cleanings of 2 liters of warm water: the first the night before and the second the same morning of the scan.