

PROSTATE BIOPSY

The diagnostic test that will be performed on an outpatient basis, will allow your prostate to be studied and biopsies to be performed. It consists of taking small fragments of the prostate, by introducing an apparatus through the rectum (like a rectal tact). The test will be performed with local anesthetic, with minimal discomfort, with an approximate time of 20 minutes.



DURATION:

20 min.



CONTRAINDICATIONS:

Medication that can
that can alter blood
clotting



MEDICATION:

ciprofloxacin
500 mg

Contraindications:

If you take any medications on a regular or temporary basis that can alter blood clotting:

- Sintrom®, Ticlid, Iscover®, tromalyt, Aspirina®, AAS, Adiro®, Plavix®, Persantin, ...

You should tell your doctor in order to get a revision of the guidelines of your medication.

THE DAY BEFORE

- In the morning, you will start taking one tablet of ciprofloxacin 500 mg every 12 hours (1t / 12h, for 5 days in total).
- Eat a light dinner.
- You should administer an enema at night, 2 h before bedtime.

THE SAME DAY

- Take the ciprofloxacin 500 mg tablet in the morning.
- It is important that you have your usual shower, performing a thorough cleaning of the genitals.
- You can have breakfast
- It is convenient that you come accompanied.

Recommendations: The first few days drink a litre and a half of water, if there is no medical contraindication.

AFTER THE TEST

Normal symptoms are:

- Blood-stained urine
- Stools may be stained with blood
- There may be blood in the semen.

You should go to your doctor / emergency room if you:

- Notice heavy bleeding in the urine or rectum
- Have a temperatura superior to 38°C
- Have an inability to urinate.